

VILLAGE OF KEY BISCAYNE COMMUNITY CENTER



Key Biscayne residents of all ages can enjoy many activities and outdoor fun, including fitness classes, trips and tours and special events.

Scan these pages to learn more.

Information for Residents

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Village Officials and Staff

Mayor Mayra Peña Lindsay
Vice Mayor James Taintor
Councilmember Franklin Caplan
Councilmember Luis de la Cruz
Councilmember Theodore Holloway
Councilmember Michael E. Kelly
Councilmember Ed London
Village Manager
John C. Gilbert
Director of Parks and Recreation
Todd Hofferberth
Community Center Manager & Asst.
Director of Parks and Recreation
Ana J. Colls

PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.

BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call 305-365-8900.

To Obtain a Card: Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

Proof of Residency: Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

Current vehicle registration certificate
Copy of current real property tax bill or deed
Certificate or letter from the Internal Revenue Service
Current utility bill

Tenants must bring an annual lease

Cards per Household: There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

Fees: There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.

PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

Days Monday to Friday
Hours 9:30 a.m.-4:00 p.m.

Note: Appointments are required.



FREE ON-ISLAND TRANSPORTATION FOR SENIORS

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Message from the Village Manager



COMMUNITY CENTER HOURS

General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m. Saturday and Sunday 8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Friday 6:15 a.m. to 8:45 p.m.
Saturday and Sunday 8:15 a.m. to 7:45 p.m.
Swim lanes are always available but may be limited for a

class or special program.

Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m. Saturday and Sunday 10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)

Monday - Friday 9:00 a.m. to 1:00 p.m.

(for children under the age of 6)

3:00 p.m. to 8:00 p.m.

Saturday and Sunday 9:00 a.m. to 8:00 p.m.

Access may be limited during special events or parties.

Computer Lab

Monday - Friday 9:30 a.m. to 4:00 p.m. - Adults Only

4:00 p.m. to 8:00 p.m. - All Ages

Saturday and Sunday Available upon request

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

Adult Basketball

Saturday 10:00 a.m. to 12:00 noon

(ages 35 and up)

On the Move

Dear Islanders:

It's been an active fall with various infrastructure and pedestrian safety projects on the drawing table or in the works in an effort to improve our beautiful community.

The Village Transit Mobility Study, which is identifying transportation concerns and making recommendations to address these problems, is progressing well. Residents expressed their transportation concerns to the consultant completing the study at a workshop on November 2. The final report should be submitted to Council in early December.

We have received preliminary information that our Safe Routes to School National Partnership Grant - which will help create safer walking and bicycling routes to and from the Key Biscayne K-8 Center - has been approved



John C. Gilbert Village Manager

for funding. We are currently waiting to receive formal documentation to begin prioritizing these projects. Meanwhile, in an effort to ease residents' ongoing pedestrian safety concerns, we are installing flashing pedestrian lights at the intersection of Heather and Crandon Blvd. near the Village Green. Preliminary work has been completed and said crosswalk lights should be operational by early December, substantially increasing pedestrian safety.

The final version of the Needs Assessment Survey was presented to the Village Council on September 1st. Not surprisingly, the consultant reported that parking, traffic and overcrowding of schools are Key residents' top areas of concern. With these results, Council can prioritize projects and budget for them accordingly.

Budget hearings took place in early September where our operational budget of \$27.5 million was approved. The Community Center expansion project was also discussed at this meeting, and construction at the Center has since commenced. The temporary traffic plan can be found at www.Activelslander.org.

Bid documents for the dog park on the north end of the Village Green are due December 1. Once bids are received and subsequently reviewed, recommendations will be presented to Council. We expect to move forward with this project in the spring of 2016.

A workshop to discuss underground burying of power lines (which was also addressed in the Needs Assessment Survey) is scheduled for December 10th 2015 and will be posted at www.KeyBiscayne.FL.Gov. Florida Power and Light representatives and contractors will conduct the workshop to educate the community and elected officials on the project, the expected timeline and associated costs. With this information in hand, Council will make a decision whether or not to move forward with the project.

With the holidays fast approaching, all of us at the Village Manager's office would like to wish everyone a safe and enjoyable holiday season.

John. C. Gilbert, Village Manager

Membership Information

Be an Active Islander – Join the Key Biscayne Community Center! Just follow these easy steps:



Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at www.activeislander.org.



Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.



Pay the membership fee*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

^{*}Note: Membership fees are subject to change.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident between the ages of 10 and 18.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

Rules and Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership.
 The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- . No fighting or rough play
- No glass containers
- · No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- . No running or bouncing balls in hallways, stairwells or near pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied by a resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a quest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

Toddler Room Drop-In Care Policies

- 1. Drop-in care is for children one to five years of age (no exceptions).
- 2. Parents must sign in their child.
- 3. Punch Passes must be purchased at the front desk.

Member pass for 10 hours: \$70 Member pass per hour: \$7 Non-member one-hour pass: \$10

- 4. Drop-in care is on a first-come, first-serve basis.
- **5.** There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
- **6.** There is a two-hour maximum time slot for each child (no exceptions).
- **7.** Parents or guardians are responsible for all diaper changes.
- 8. Parents must be in the Key Biscayne Community Center while their child is in childcare
- 9. Sick children will be denied entry to the drop-in program.
- **10.** If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday 8:00 a.m.-12:00 noon

4:00 p.m.-8:00 p.m.

Saturday and Sunday Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.



Dot Art Lab creators believe that art education stimulates innovation, creativity and critical thinking. It is their mission to support children in finding individuality and strengthening their inner self through art making and art appreciation. They create a safe environment where children can express themselves free of judgement. Students are encouraged to experiment and engage in a creative process by playfully translating feelings, problem solving and risk taking. Visual Artist Laura Villarreal and Educational Psychologist Silvina Zuain coordinate the program.

ARTS & CRAFTS

Art Lab for Toddlers (ages 18 months-3 years)

Children will be encouraged in the development of their natural potential, curiosity and interest. They will be introduced to a variety of art materials: paint, clay, paper, wire, fabrics and much more. By exploring these materials, children will learn their endless possibilities while having fun creating experimental art pieces. Limit of 12 students per class. Class fee includes all materials and take-home projects.

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Days	Wedsnesdays or Thursdays
Time	3:45-4:30 p.m.
Session 1	January 13-February 25 (7 weeks)
Session 2	March 2-April 14
	(6 weeks; no class March 23 or 24)
Session 3	April 20-June 2 (7 weeks)
Days	Fridays
Time	10:45-11:30 a.m.
Session 1	January 15-February 26 (7 weeks)
Session 2	March 4-April 15
	(6 weeks; no class March 25)
Session 3	April 22-June 3 (7 weeks)
Member Fee	\$175 (Session 1 & 3)
	\$150 (Session 2)
Non-Member Fee	\$210 (Session 1 & 3)



\$180 (Session 2)

Art Lab for Pre-Schoolers (ages 3-5 years)

Children will embark on an art adventure through the exploration of different cultures and countries from around the world. Art techniques like collage, painting and drawing will inspire children to begin their own artistic journey. Paint, clay, paper, wire and fabrics are some of the materials that will be used to create art pieces. The session includes individual as well as group projects in an environment that encourage natural curiosity and creativity. Limit of 15 students per class. Class fee includes all materials and take-home projects.

Days Time	Thursdays 4:45-5:45 p.m.
Session 1	January 14-February 25 (7 weeks)
Session 2	March 3-April 14
	(6 weeks; no class March 24)
Session 3	April 21-June 2 (7 weeks)
Member Fee	\$210 (Session 1 & 3)
	\$180 (Session 2)
Non-Member Fee	\$252 (Session 1 & 3)
	\$216 (Session 2)



DOT ART LAB WE	EKLY SCHEDULE			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00 p.m.	4:00 p.m.	3:45 p.m.	3:45 p.m.	10:45 a.m.
Art Lab	Art Lab	Art Lab	Art Lab	Art Lab
<i>ages 5-8 yrs</i>	ages 5-8 yrs	<i>ages 18 mos-3 yrs</i>	ages 18 mos-3 yrs	ages 18 mos-3 yrs
5:30 p.m.	5:30 p.m.	5:00 p.m.	4:45 p.m.	
Art Lab Adv	Art Lab Adv	Construction Design	Art Lab	
ages 8-12 yrs	ages 8-12 yrs	<i>ages 6-12 yrs</i>	<i>ages 3-5 yr</i> s	

Art Lab for Kids (ages 5-8 years)

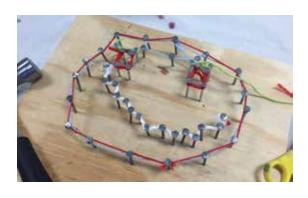
Children will not only learn about the most influential art movements and artists in history, but also participate and enjoy hands-on projects based on famous artists. Explore Picasso, Matisse and Van Gogh among others through drawing, painting, collage, printmaking and sculpture by using a large variety of materials and techniques. Children will develop skills and techniques while producing on 2D and 3D media. Working from still life, imagination and referenced from famous artists and artistic movements, children will explore media like charcoal, paint, ink and clay to create their own pieces. Limit of 15 students per class. Class fee includes a sketchbook, all materials and take-home projects.

Monday Classes

Time	4:00-5:15 p.m.
Session 1	January 11-February 22
	(5 weeks; no class Jan. 18 or Feb. 15
Session 2	February 29-April 11
	(6 weeks; no class March 21)
Session 3	April 18-May 23 (6 weeks)
Member Fee	\$200 (Session 1)
	\$240 (Session 2 & 3)
Non-Member Fee	\$240 (Session 1)
	\$280 (Session 2 & 3)
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Tuesday Classes

Time	4:00-5:15 p.m.
Session 1	January 12-February 23 (7 weeks)
Session 2	March 1-April 12
	(6 weeks; no class March 22)
Session 3	April 19-May 31 (7 weeks)
Member Fee	\$280 (Session 1 & 3)
	\$240 (Session 2)
Non-Member Fee	\$336 (Session 1 & 3)
	\$288 (Session 2)



Art Lab Advanced (ages 8-12 years)

Students will use their creativity to build art pieces using the knowledge acquired in drawing, painting and sculpture. Limit of 15 students per class. Class fee includes a sketchbook, all materials and take-home projects.

Monday Classes

Time	5:30-6:45 p.m.
Session 1	January 11-February 22 (5 weeks; no class Jan. 18 or Feb. 15)
Session 2	February 29-April 11 (6 weeks; no class March 21)
Session 3	April 18-May 23 (6 weeks)
Member Fee	\$200 (Session 1) \$240 (Session 2 & 3)
Non-Member Fee	\$240 (Session 1)

\$280 (Session 2 & 3)

Tuesday Classes

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Time	5:30-6:45 p.m.
Session 1	January 12-February 23 (7 weeks)
Session 2	March 1-April 12
	(6 weeks; no class March 22)
Session 3	April 19-May 31 (7 weeks)
Member Fee	\$280 (Session 1 & 3)
	\$240 (Session 2)
Non-Member Fee	\$336 (Session 1 & 3)
	\$288 (Session 2)

Construction Design Lab (ages 6-12 years)

Through the use of construction materials, children will design and create a variety of projects using various items including recyclables, household materials and art supplies. Limit of 10 students per class. Class includes a sketchbook, all materials and take-home projects.

Days Time	Wednesdays 5:00-6:15 p.m.
Session 1	January 13-February 24 (7 weeks)
Session 2	March 2-April 13
	(6 weeks; no class March 23)
Session 3	April 20-June 1 (7 weeks)
Member Fee	\$280 (Session 1 & 3)
	\$240 (Session 2)
Non-Member Fee	\$336 (Session 1 & 3)

\$288 (Session 2)









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BABY AND TODDLER

Storytelling Lab

Enjoy stories, rhymes, books, puppets and songs while building early literacy skills with your curious toddler. Through creative play and movement, children will be surprised each week with a fun activity, while building vocabulary, language development, listening comprehension and creative expression. Limit of 15 students per class.

12 months-3 years
Mondays
9:30-10:30 a.m.
Game Room

Session 1 January 11-February 22

(5 weeks; no class Jan. 18 or Feb. 15)

Session 2 February 29-April 11

(6 weeks; no class March 21)

Session 3 April 18-May 23 (6 weeks)

Member Fee \$110 (Session 1)

\$132 (Session 2 & 3) \$132 (Session 1)

\$158 (Session 2 & 3)

Mommy and Me (Yupi!)

Non-Member Fee

A bilingual program created for parents/caregivers and their child that offers innovative experiences by promoting social, emotional, cognitive and physical growth. Children are invited to explore with non-conventional materials such as feathers, cardboards, fabrics, recycled bottles and more. Limit of 15 students per class.

Ages	9 months-3 years
Days	Wednesdays and Fridays
Time	9:30-10:30 a.m.
Location	Game Room

Session 1 January 13-February 26 (7 weeks)

Session 2 March 2-April 15

(6 weeks; no class March 23 or 25)

Session 3 April 20-June 3 (7 weeks)

Member Fee \$154 (1x/week) or \$252 (2x/week)

(Session 1 & 3)

\$132 (1x/week) or \$216 (2x/week)

(Session 2)

Non-Member Fee \$185 (1x/week) or \$302 (2x/week)

(Session 1 & 3)

\$158 (1x/week) or \$259 (2x/week)

(Session 2)

ROBOTICS & CODING

LEGO® Robotics Workshops

Whether you are a beginner or an advanced robot builder, we'll teach you how to be an engineer by learning basics in programming, playing with LEGOS®, building sturdy robots and giving you more practice time. Class fee includes the cost of materials. Refunds or credits must be requested at least 24 hours in advance of each workshop.

Ages 7-11 years

Time 9:00 a.m.-12:00 noon

Dates Saturdays: January 30, February 20,

March 12, April 16 & May 14

Location Arts & Crafts Room

Instructor Maria Teresa Valle

Member Fee \$60 each Non-Member Fee \$72 each

Coding Club for Beginners

Coding enables us to create computer software, applications ("apps") and websites. Your browser, operating system (OS), and apps on your phone are all made with code. Learning to code enables children to develop logical thinking and improve problem-solving skills. It also helps them understand computer technology in our automated world. Class is limited to 15 students.

Ages6-10 yearsDaysTuesdaysTime5:00-6:00 p.m.LocationComputer Lab

Session February 2-May 10

(no class Feb. 16, March 22 &

March 29)

Instructor Maria Teresa Valle

Member Fee \$216 (12 classes) Non-Member Fee \$259 (12 classes)



MAKER WORKSHOPS

Miami Maker Kids offers workshops that hark back to a time when building, repairing and improving the products in our lives was more common. People were "makers" before the term even existed. Miami Maker Kids reintroduces that lost spirit of innovation and ingenuity into the lives of a new generation of makers. Each Saturday involves a different project, so come to one, two or all of the workshops! Enrollment is limited to 12 children so please register early. Refunds or credits must be requested at least 24 hours in advance of each workshop. For more information, visit www.MiamiMakerKids.com or email MiamiMakerKids@gmail.com.

MIAMIO

Maker Kids Club

Are you a creative kid? Do you like hands-on projects that you can build yourself, play with, test out and remake to work better? In this club, you design from your own imagination and build with your own hands. Projects include: small wood, pasta, or drinking straw bridges that can hold many times their own weight before collapsing; electric circuits and tripwire piggy banks; tabletop games; and vehicles of all sorts—airplanes, cars, boats, helicopters, rockets and xylos.

 Ages
 7-11 years (girls & boys)

 Time
 9:00 a.m.-12:00 noon

Date Saturdays: January 9, February 6, March 5, March 26,

April 9, April 30 & May 21

Location Arts & Crafts Room

Instructor Miami Maker Kids

Member Fee \$60 each Non-Member Fee \$72 each



Young Engineers Club

Children will experience large-scale construction and life-size creative play with materials that are fun to pick up, play and build with. Materials include Gigi blocks, multi-colored PVC, kinetic sand, foam insulation, hollow wood blocks, jumbo plastic and foam LEGO bricks, among many others. Projects include marble roller coasters, cardboard forts, contraptions, skyscrapers and more!

Ages 4-6 years (girls & boys)
Time 10:00 a.m.-12:00 noon

Dates Saturdays: January 23, February 13, February 27,

March 19, April 2, April 23, May 7 & June 4

Location Arts & Crafts Room

Instructor Miami Maker Kids

Member Fee \$40 each Non-Member Fee \$48 each





Name Rainen O'Kurley

Originally from Canada

How long have you lived on the Key?
5 years

School

Key Biscayne K-8 Center

Hobbies

Hockey and roller-skating

Favorite activities at the Community Center

Playing dodgeball and video games

TODDLER & YOUTH FITNESS

Kidokinetics

Kidokinetics is the "fun way to fitness" where your child will learn a new sport each week. Kids will be introduced to the basics of each sport in a fun and non-competitive atmosphere. Activities include soccer, hockey, tennis, basketball, volleyball, football, golf, hula-hoops, obstacle courses, T-ball and more. Kidokinetics focuses on individual achievement to improve the child's self confidence. T-shirts can be purchased for an additional \$10 fee. For more information, call 954-385-8511 or visit www.KidoKinetics.com.

Ages	3-6 years
Days	Thursdays
Time	4:30-5:15 p.m.
Location	Island Room
Session 1	January 7-Febr

Session 1 January 7-February 18
Session 2 February 25-April 14
(no class March 24)

Session 3 April 21-June 2

Member Fee \$84 Non-Member Fee \$101

Triathlon for Kids & Teens

Tri4Kidz Youth Triathlon Team was founded in 2009 and is managed by USA Triathlon Level 1 Certified Coach Liliana "Lilly" Montes. As the first USAT Triathlon Sanctioned Club in South Florida, this family-oriented, recreational and competitive triathlon club for youth nurtures growth and development both in the sport of triathlon and in living a healthy lifestyle. The program is open to children ages 6 to 15, and while previous experience is not necessary, participants should be able to swim 25 yards using the freestyle stroke, confidently ride a bike without training wheels and run for 10 minutes continuously. Participants must use a bicycle helmet and must sign a waiver when registering. For more information, visit www.Tri4Kidz.com or contact Coach Lilly at Info@Tri4Kidz.com or 786-873-1234.

Location	Varies
Session	4-week sessions begin January 4 (no class March 21-25)
Instructor	Liliana Montes
Member Fee	\$170 (2x/week) or \$200 (3-4x/week)
Non-Member Fee	\$204 (2x/week) or \$240 (3-4x/week)

Tri4Kidz (ages 6-11 years)

Days	Mondays and/or Wednesdays (Swim)
Time	5:45-6:30 p.m. or 6:30-7:15 p.m.
Days	Tuesdays (Bike/Bricks)
Time	4:00-5:00 p.m.
Days	Thursdays (Run)
Time	5:00-5:45 p.m.

Tri4Teenz (ages 12-15 years)

Days	Mondays or Wednesdays and
	Saturdays (Swim)
Time	7:15-8:00 p.m. and 9:30-10:15 a.m.
Days	Tuesdays (Bike/Bricks)
Time	5:00-6:00 p.m.
Days	Thursdays (Run)
Time	5:45-6:30 p.m.



SPECIAL PROGRAMS

Homework Club

Catch up on class work or fine-tune your academic skills with this after school club.

Ages Grades 1-8

Days Mondays, Tuesdays and Thursdays

Time 2:30-3:30 p.m.
Location Game Room

Member Fee Free
Non-Member Fee \$6 per day

Dodgeball Club

Have fun with this club for dodgeball fanatics.

Ages Grades 3-8
Days Wednesdays
Time 2:30 p.m.
Location Gymnasium

Fee Every child pays \$5 per month

Jewelry Design

Create customized, stylish jewelry that's ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Ages 4 years and up

Days Mondays, Tuesdays and Thursdays

Time 3:00-6:00 p.m.
Location Second Floor Lobby

Session Ongoing
Instructor Judi Koslen

Member Fee \$10 per clas

Member Fee \$10 per class Non-Member Fee \$12 per class





GYMNASTICS

Join the American Gymsters coaches and staff for an outrageously good time! Boys and girls of all gymnastics skill levels will have a great time working on the vault, beam, bars, floor and trampoline... along with other fun activities!

Ages 4 years and up Location Gymnasium

Session 1 January 5-February 27
Session 2 March 1-April 30

(no class March 22 or 26)

Session 3 May 3-June 11 (pro-rated)

Member Fee \$200 (1x/week)

\$360 (2x/week)

Non-Member Fee \$240 (1x/week)

\$430 (2x/week)

Additional Insurance

Payment \$70 per year

(made payable to American

Gymsters)

Days	Tuesdays	Days	Saturdays
Times		Times	
Kinder	3:30-4:25 p.m.	Kinder, Beginners	
Beginners	4:30-5:25 p.m.	& Intermediate	9:00-10:00 a.m.
Intermediate	5:30-6:25 p.m.	Advanced &	
Advanced &		Pre-Team	10:00-11:30 a.m.
Pre-Team	6:30-8:00 n m		











MUSIC AND PERFORMING ARTS

Kids Make Music

Give your child the gift of music! This program provides an opportunity for young children to experience, explore and create music in a relaxed and playful environment. Classes meet once a week for 45 minutes to sing, chant, move, dance and jam! Sessions are 5 weeks long and may not be pro-rated.

Ages	1 year and up
Days	Tuesdays
Time	9:30-10:15 a.m.
Location	Game Room
Session 1	January 12-February 9
Session 2	February 23-March 29
	(no class March 22)
Session 3	April 5-May 3
Session 4	May 10-June 7
Instructor	Angeles Padilla
Member Fee	\$113/session or \$25/class
Non-Member Fee	\$135/session or \$30/class

Ultimate Guitar

Non-Member Fee

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Taught using a highly effective curriculum, this class uses a multi-style approach focusing on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar. Sessions are 7 weeks long.

8 years and up
Wednesdays
2:30-3:30 p.m. (Beginner)
3:30-4:30 p.m. (Intermediate)
6:00-7:00 p.m. (Beginner)
Island Room
January 13-February 24
March 2-April 20
(no class March 23)
April 27-June 8
Angeles Padilla
\$158

\$189

Voice Spotlight

Do you wonder how your favorite singers come up with their songs? Do you love singing in the shower? Do you love music? Come hone those vocal skills and discover exactly how music works in Voice Spotlight! This class features a show choir where you can show off the music skills you've mastered! Join instructor Rebekah Diaz and sing some of your favorite songs from pop and musical theater in both solo and group settings. Audition or previous experience is necessary. For more information, visit www.KBStrings.MyMusicStaff.com or call Ashley at 305-331-7219.

Ages	11 years and up
Days	Sundays
Time	6:30-7:30 p.m.
Location	Island Room
Session	January 3-June 5 (no class Jan. 17, Feb. 14, March 20, March 27,

April 24 or May 29)
Instructor
KB Strings Instructor

Member Fee \$425 Non-Member Fee \$510

Musically Fit

Ever wonder how those Broadway divas stay in such great shape? Come and find out! In this new class you'll burn calories like your favorite showstoppers do – by dancing and singing. Join instructor Kelly Ziegler in focusing on the skills needed to be a true performer exhibiting dance skills, singing strength and a winning personality. This exercise class utilizes Broadway dance technique and choreography matched with your favorite show tunes. Come sing and dance to some of the greatest hits from Broadway and Disney. For more information, visit www.KBStrings.MyMusicStaff.com or call Ashley at 305-331-7219.

Ages	5-10 years
Days	Thursdays
Time	5:30-6:30 p.m.
Location	Island Room

Session January 7-June 9 (no class Mar. 24)

Instructor KB Strings Instructor

Member Fee \$440 Non-Member Fee \$528

KB STRINGS ORCHESTRA

KB Strings offers a Suzuki Fusion String Ensemble Method with the best practices of classical string techniques. Group lessons and rehearsals are fun and exciting with this strings program. Choose from violin, viola, cello or bass. Previous experience and/or audition are required for placement in the Suzuki Strings Group Class and Advanced String Ensemble. Instrumental private lessons and instrument rentals are available. Pro-rating must be approved by KB Strings staff. Students may attend any and all classes for their group level for the same session fee. For more information, please visit www.KBStrings.MyMusicStaff.com or call Ashley at 305-331-7219.

Session Dates

January 4-June 10

Classes will not take place on the

following dates: Monday, January 18

Monday, February 15

Monday-Friday, March 21-25

Friday, April 22 Monday, May 30

Suzuki Strings: Beginner

Ages 6 years and up

Days/TimeMondays, 7:00-7:45 p.m.Days/TimeWednesdays, 2:15-3:00 p.m.Days/TimeFridays, 3:30-4:15 p.m.

Location Island Room

Member Fee \$660

Non-Member Fee \$792

Suzuki Strings: Intermediate

Ages 6 years and up

Days/Time Mondays, 7:00-7:45 p.m.
Days/Time Wednesdays, 3:00-3:45 p.m.
Days/Time Fridays, 3:30-4:15 p.m.

Location Island Room

Member Fee \$660 Non-Member Fee \$792

Advanced String Ensemble

Ages By audition only
Days Mondays
Time 7:00-8:15 p.m.
Location Arts & Crafts Room

Member Fee \$665 Non-Member Fee \$798



Payment Policy: Students may attend group classes with approval from Ali Larson. Interested musicians are allowed to sit in on one trial class without payment. If the student decides to register for the class, the trial class is included in the session tuition. Refunds will not be given after the session has begun. Reservation of a student's space in class will be confirmed by receipt of payment only. Tuition is paid per session only, however classes can be prorated with permission from Ali Larson. Registered students may participate in or observe any string classes that are offered.





Youth Dance Programs





Ballroom & Latin Dance

This new program is for children and teens who wish to experience the excitement, glamour and challenge of Ballroom and Latin dancing, including the Slow Waltz, Salsa, International Rumba and Merengue. Students will be introduced to a wide variety of dances and rhythms and learn good poise, proper placement of arms and basic footwork. This class will help students develop discipline, pursue goals, improve posture, balance and coordination, gain confidence and develop social skills. For more information, contact Eugenia Spotar at 305-989-1140.

Ages	6-15 years
Days	Mondays
Гime	5:45-6:30 p.m.
Location	Dance Studio
Session 1	January 4-March 14 (no class Jan. 18 or Feb. 15)

Session 2 March 28-May 23 Instructor Eugenia Spotar

Member Fee\$117/session or \$18/classNon-Member Fee\$140/session or \$22/class

Hip-Hop Kidz & Teenz

Learn the latest hip-hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative and easy-to-learn atmosphere. In this class, your child will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video. Students will attain a heightened sense of self esteem and body awareness, make new friends and learn to work as a team.

Days	Mondays
Time	4:00-5:00 p.m. (ages 7-11 years)
Time	5:00-6:30 p.m. (ages 12-18 years)
Location	Island Room
Session 1	January 4-March 14
	(no class Jan. 18 or Feb. 15)
Session 2	March 28-May 23
Instructor	Ali Rae
Member Fee	\$162 (ages 7-11 years)
	\$225 (ages 12-18 years)
Non-Member Fee	\$195 (ages 7-11 years)
	\$270 (ages 12-18 years)



Youth Dance Programs

YOUTH DANCE COMPANY OF KEY BISCAYNE

Let your daughter benefit from the confidence, grace, poise and discipline gained from the study of ballet and lyrical dance. This program is directed by Susana Catturini, a graduate of New World School of the Arts and the University of Florida. In Ballet I, young children will develop a strong foundation in dance and movement, while learning basic vocabulary and ballet technique at the barre, in the center and across the floor. In Ballet II, students will explore and develop a deeper understanding of the vocabulary, technique and theoretical concepts of ballet. Ballet III/Jazz is designed for girls who want to improve their ballet and jazz dance techniques, such as turns, petit allegros and big jumps with emphasis on high performance. Older and more advanced students can take Pointe & Lyrical Dance to learn or reinforce their performance in pointe shoes (beginners are welcome). Students will learn correct foot placement and body alignment when using pointe shoes, as well as techniques required for transitioning to pointe. Advanced students will benefit from learning and practicing classical variations on pointe every week. In Lyrical Dance, students will learn a variety of techniques including classical, contemporary and eclectic styles. This class is designed to improve dance techniques as well as to teach several dance combinations. Classes will conclude with a stage performance at the end of Session 3.

Session 1 January 4-February 27
Session 2 February 29-April 23
Session 3 April 25-June 8

Instructor Susana Catturini and Company

Instructors

Additional Fees Registration and costume fees paid

directly to Susana Catturini

Ballet I, II & III/Jazz

Time

Time

Days Mondays and Wednesdays

Time 4:00-5:00 p.m.

(Ballet ages 3-5 years)

5:00-6:00 p.m.

(Ballet ages 6-8 years)

6:00-7:00 p.m.

(Ballet/Jazz ages 9-13 years) Island Room

Location Island Ro

Member Fee \$240 Non-Member Fee \$288

Pointe & Lyrical Dance

Ages 11 years and up
Days Saturdays
Time 5:00-6:30 p.m.
Location Dance Studio

Member Fee \$160 Non-Member Fee \$192









Broadway Musical Theatre Program







The Broadway Musical Theatre (BMT) Program, named "one of the best theatre programs in the country" by critic Richard Cameron, presents a theatre program that trains students to become triple threat performers: unparalleled actors, singers and dancers! Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway's most famous musicals. In the beginning levels, fundamental technique and style will be introduced in the three areas (dance, song and acting). In the more advanced levels, a range of styles, sophisticated technique and vocal performance will be the focus. For more information, go to www.BroadwayMusicalTheatre.com.

Session January 19-May 14

(16 weeks: no class March 21-26)

Location **Dance Studio**

Broadway Group 1

5-6 years Ages

Tuesdays & Thursdays Days Time 4:30-5:30 p.m.

Member Fee \$650 Non-Member Fee \$780

Broadway Group 2

Ages

Days Tuesdays, Thursdays & Fridays

Time 3:30-4:30 p.m.

Member Fee \$750 **Non-Member Fee** \$900

Broadway Group 3

9-12 years Ages

Days/Time Mondays, 4:30-5:30 p.m. Days/Time Wednesdays, 4:15-5:30 p.m. Days/Time Fridays, 4:30-6:00 p.m. Days/Time Saturdays, 12:30-3:30 p.m.

(select days)

Member Fee \$750 **Non-Member Fee** \$900

BE A YOUTUBE STAR



Have you always wanted to be on YouTube but don't know how? Do you want to be a YouTube star? Are you interested in learning about video and editing for YouTube? Then this is the class for you! You will have the opportunity to work directly with the creator and team of the worldfamous Angelica Broadway YouTube channel, one of the most popular in music and theater for kids with over 150 million views. Students will experiment with different activities at a beginner level such as reading and writing scripts; creating their own video-blogs (vlogs); and handling cameras, sound and lighting. Some Saturdays will be used for taping videos in studios or select locations.

Ages 7-12 years

Days Wednesdays, 3:15-4:15 p.m. Fridays, 6:00-7:00 p.m. **Days Days** Saturdays, 12:30-3:30 p.m.

(select days)

Member Fee \$750 **Non-Member Fee** \$900

BMT ADULTS

This is an open call for adults to learn ballet and other aspects of musical theatre. At the end of the course, participants will take part in a full production (past shows include *Mamma Mia!* and *Chicago*) and join our famous Broadway family. Session is 12 weeks long.

Session February 3-April 27

(no class March 23)

Days Wednesdays **Time** 12:00-1:30 p.m. Location Dance Studio

Member Fee \$300 **Non-Member Fee** \$360



Maria Verdeja School of the Arts

The Maria Verdeja School of the Arts has been serving the Miami community for over 28 years at three dance studios. They proudly offer classes in various dance styles, including ballet, pointe, jazz, lyrical, tap and acro. Experienced and first-time dancers are welcomed to join the program.

Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body.

*Participants are required to take ballet twice per week.

Lyrical Dance

Lyrical dance is the fusion of ballet and jazz techniques. Dancers use motion to interpret music and express emotion.

Jazz

This exciting dance form is set to pop music where dancers show off energetic skills such as high kicks and large jumps.

Tap

A form of dance that uses quick and precise footwork to create rhythmic sounds and syncopation with the tap shoe.

Acro

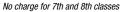
This tumbling course develops balance, coordination, strength and elasticity by perfecting skills in dance stunts and flips.

GROUP LEVELS	
Grade	Group
Pre-K3	Pink
Pre-K4	Mint/Acro 2-3-4/Tap 2-3-4-5
Kindergarten	Fuscia/Jazz 3-4/Tap 3-4/Acro 2-3-4/ Tap 2-3-4-5
1st Grade	Yellow/Jazz 3-4/Acro 2-3-4/Tap 2-3-4-5
2nd Grade	Red/Jazz 5-6/Acro 5-6/Tap 2-3-4-5
3rd Grade	Lilac/Jazz 5-6/Lyrical 6-7/Acro 5-6/ Tap 6-7-8-9
4th-5th Grade	Royal/Jazz 7/Lyrical 6-7/Acro 7/Tap 6-7-8-9
6th-8th Grade	Burgundy/Jazz 8-9/Lyrical 8-9/Acro 8-9/ Tap 6-7-8-9
8th-12th Grade	Navy/Jazz 8-9/Lyrical 8-9/Acro 8-9/ Tap 6-7-8-9
Placed by Instructor	Pointe

Session 1 January 4-March 17 (no class January 18 or February 15)

Session 2 March 28-June 9 (no class May 30)

FEES	11-week Session Fee	
Classes/Week	Member	Non-Member
1 class	\$198	\$238
2 classes	\$352	\$422
3 classes	\$462	\$554
4 classes	\$528	\$634
5 classes	\$605	\$726
6 classes	\$660	\$792



VERDEJA SCHOOL OF THE • ARTS

Additional Fees: Information about annual registration, uniforms and costume fees are provided by instructors. These fees are paid directly to Maria Verdeja School of the Arts.





Winter & Spring Break Camps





SCIENCE & ART CAMP

This camp offers fun, hands-on and interactive activities led by the professional staff of Nutty Scientists™. They use a unique, award-winning methodology that includes a science, technology, engineering, art and mathematics (STEAM) curriculum. Your child's imagination will be sparked with these fun science experiments. Camp fee includes all materials. Lunch is not included and pro-rating is not allowed.

 Ages
 5-10 years

 Time
 9:00 a.m.-1:30 p.m.

 Location
 Arts & Crafts Room

Session 1 Monday-Wednesday: Dec. 21-23
Session 2 Monday-Wednesday: Dec. 28-30

Member Fee \$120 per 3-day session
Non-Member Fee \$144 per 3-day session

MARINE BIOLOGY CAMP

Gerard Loisel, an NSU adjunct professor and former host of PBS' *Marine Aquarium World* will lead this camp where kids will explore the intertidal zone at Bear Cut, learn about marine animals, visit Bill Baggs State Park, learn to tag fish for research and more. Participants must register for entire session (pro-rating is not allowed). Please bring your lunch for January 25 and April 8 day camps.

Ages 8-14 years

Winter Break Camps

Time 9:00 a.m. -1:00 p.m.

Session 1 Monday-Wednesday: Dec. 21-23
Session 2 Monday-Wednesday: Dec. 28-30

Member Fee \$135 per 3-day session
Non-Member Fee \$162 per 3-day session

RAT'S DAY OFF (TEACHER PLANNING DAYS)

When Key Rats are off from school for teacher planning days and school breaks, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include computer lab, movies, arts and crafts, games, sports, swimming, field trips and much more. Lunch is not included, so please don't forget to bring your own. Please register in advance to ensure proper staffing and child supervision.

K-8th Grades **Ages Member Fee** \$35 per day Time 8:00 a.m.-3:00 p.m. Non-Member Fee \$42 per day **Dates** Monday, December 21 Tuesday, December 22 **Late Care** 3:00-6:00 p.m. Wednesday, December 23 Monday, December 28 **Member Fee** \$15 per day Tuesday, December 29 Non-Member Fee \$18 per day Wednesday, December 30 Monday, January 25 Tuesday, February 16 Friday, April 8

Teacher Planning Days: Jan. 25 & April 8

Time 9:00 a.m.-4:00 p.m.

Date Monday, January 25

Date Friday, April 8

Member Fee \$65 per day Non-Member Fee \$78 per day

Spring Break Camp

Time 9:00 a.m. -1:00 p.m.

Session Monday-Friday: March 21-25

Member Fee \$165 Non-Member Fee \$198

SPORTS CAMPS

Tony Goudie offers a fun-filled sports camp experience where you'll make new friends and memories to last a lifetime. This is a non-competitive environment where you can play your favorite games and perhaps learn a new sport.

Ages 6-14 years

Dates Monday-Thursday: December 21-24

Monday-Thursday: December 28-31 Monday-Friday: March 21-25 Monday-Friday: March 28-April 1

Time 10:00 a.m.-2:00 p.m.

Location Gymnasium

Member Fee \$35/day or \$150/week (Spring Break only)
Non-Member Fee \$42/day or \$180/week (Spring Break only)

KBCC SPRING BREAK CAMP

Friday, June 10

K-8th Grades March 21-25 **Ages** Time 8:00 a.m.-4:00 p.m. **Late Care** 4:00-6:00 p.m. **Camp Fees Member Fee** \$10 per day **Member Fee** \$160/week or \$40/day Non-Member Fee \$15 per day **Non-Member Fee** \$190/week or \$48/day

ATHLETICS

Welcome to another great season of Key Biscayne Spring Baseball and Softball. This fun-filled season will provide children with the skills to play recreational or travel baseball and softball. Program prices include uniforms, trophies, umpires, opening/closing day celebrations, and more. Please note that ages are a guideline and players will ultimately be placed according to ability.

Save the Date! Saturday, March 5, 2016

Opening Day Celebration and First Games

RegistrationJanuary 4-February 7EvaluationsFebruary 23, 25 & 27Free ClinicsFebruary 13 & 20

Co-Ed Recreational Baseball

DIVISION	AGES	FEE	
T-Ball	5-7 years	\$185	
Coach Pitch	7-9 years	\$250	
Mustang	10-12 years	\$250	

Girls Recreational Softball

DIVISION	AGES	FEE	
Junior Softball	9-12 years	\$250	
Senior Softball	13-14 years	\$250	

Girls Softball Clinics

These clinics will train players in all aspects of softball, regardless of skill or ability level, including: hitting, fielding, base running, pitching, team plays and much more. Beginners are welcome and encouraged to participate. Free practice T-shirt will be given to participants who register for all 6 clinics. For questions or more information, contact Coach Johanna at 786-255-9449.

Ages	8-14 years (must be 9 years old
	by March 1, 2016)
Days	Saturdays (6 weeks)
Dates	December 5 & 12
	January 9, 23 & 30; February 6
Time	9:00-10:30 a.m.
Location	Key Biscayne K-8 Center
Member Fee	\$120/session or \$25/clinic
Non-Member Fee	\$144/session or \$30/clinic

Co-Ed Volleyball Clinics

These popular volleyball clinics promise physical challenge, engaging drills, beginners' skill development and advancement for returning players. All coaches boast years of experience. Clinics are limited to 35 participants - all of whom must be ages 9-15 as of September 1, 2016. For information, contact Jill Stephens at 786-302-2327.

Days	Sundays (5 weeks)
Dates	Jan. 10, 24 & 31; Feb. 7 & 21
Time	2:00-3:15 p.m. (ages 9-11)
Time	3:15-4:30 p.m. (ages 12-15)
Location	Gymnasium
Member Fee	\$75/session or \$20/clinic
Non-Member Fee	\$90/session or \$24/clinic
Days	Mondays (11 weeks)
Dates	March 7-May 16 (except March 21)
Time	6:30-7:45 p.m. (ages 9-11)
Time	7:45-9:00 p.m. (ages 12-15)

Gymnasium

\$165/session or \$20/clinic

\$198/session or \$24/clinic





Spring Soccer

Non-Member Fee

Location

Member Fee

The Key Biscayne Soccer Club serves boys and girls ages 3 to 16 years of age. Programs include PeeWee, Intramural/Recreational and Competitive Travel (tryout required).

For more information

visit: www.KeyBiscayneSoccerClub.com email: President@KeyBiscayneSoccerClub.com



Key Biscayne Basketball Academy

Take part in this action-packed basketball program designed to strengthen a player's game and spirit. Boys and girls will learn good sportsmanship, develop strong playing skills and build lasting friendships.

Ages	6-14 years	Sessions	4-week sessions
Days	Mondays and		begin January 4
Times	Fridays	Member Fee	\$150 (Beg) \$200 (Int/Adv)
Beginners Intermediate	3:00-4:00 p.m.	Non-Member Fee	\$180 (Beg)
& Advanced	4:00-5:30 p.m.		\$240 (Int/Adv)



Team Key Aquatics



Interested in joining TKA?

Please contact Coach lggy at 305-302-6929 prior to registering.

Practice days and times are subject to change.







If you love swimming and are willing to work hard to improve your skills, then Team Key Aquatics (TKA) Water Polo and Swimfit are definitely for you. TKA is a dynamic aquatic program dedicated to the future of its athletes. In addition to having fun, coaches strive to develop athletes through fundamental swimming and water polo skills that will maximize their potential. TKA coaches will help develop each athlete's attitude and philosophy towards the game, including the importance of selfless team play. TKA will further strengthen each swimmer's athletic arsenal by preparing him or her for their high school swimming and water polo seasons.

TKA's SwimFit is a conditioning program that mixes swim stroke training, swimming sprints, running sprints, pushups, pull-ups, sit-ups, squats, lunges and other functional dry-land movements. The group workouts are short, intense and constantly changing, making them fun yet challenging.

4-Week Sessions	January 4-June 10
Member Fee	\$150 (1-3 times/week) \$200 (4 times/week)
	\$250 (5 times/week)
Non-Member Fee	\$180 (1-3 times/week)
	\$240 (4 times/week)
	\$300 (5 times/week)

3:05 Swimfit Crew

3:05 Swimfit Crew swimmers include "early dismissal" athletes who are introduced to swimming as a fun sport. Focusing on breathing bubbles and basic kicking and freestyle techniques, 3:05 Crew swimmers learn the first elements necessary for a strong swimming foundation.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	3:05-3:35 p.m.

3:40 Swimfit Crew

3:40 Swimfit Crew swimmers, slightly older than the 3:05 Swimfit Crew, are also introduced to swimming as a fun sport. They are coached on basic stroke technique and are taught entry-level drills and exercises. Focusing on freestyle, swimmers learn the first stroke necessary for a strong swimming foundation.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	3:40-4:10 p.m.

4:15 Swimfit Crew

4:15 Swimfit Crew swimmers learn proper stroke technique and are introduced to aerobic conditioning, speed work and interval training. This group begins to practice the breaststroke by further strengthening their foundation in the basics. Freestyle technique, the fastest of the four front primary strokes, is emphasized in this class.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:15-4:45 p.m.

4:50 Water Polo Crew

4:50 Water Polo Crew swimmers are coached on basic and proper water polo techniques and are taught entry-level drills and exercises. Focusing in greater detail on aerobic conditioning, speed work and interval training, swimmers increase their exercise load to 45 minutes per practice.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:50-5:35 p.m.

5:40 Water Polo Crew

5:40 Water Polo Crew swimmers increase their exercise load to 1 hour per practice and begin to work on game strategy and advanced speed and interval training. These swimmers focus on perfecting their water polo game and simulate actual high school game play. Increased game playtime and specific game strategy will help prepare for the first season on their high school water polo team.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	5:40-6:40 p.m.

TKA Masters

Swimmers in TKA Masters pride themselves on swimming better and faster. High school athletes, triathletes and adult swimmers benefit from interval and speed based workouts as well as stroke technique training. TKA coaches successfully supplement in-pool training with training outside of the pool in order to give these athletes a complete workout.

Days	Mondays, Tuesdays, Wednesdays, Thursdays
Time	6:45-7:45 p.m.
Member Fee Non-Member Fee	\$150 (4 weeks) \$180 (4 weeks)

Swim Kids Swimming School

*Parents & Me: Ages 4-24 months

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children. The instructor will introduce basic swimming and water survival skills. Each class requires a minimum of 3 children. Please check with the front desk for class days and times.

Turtles: Ages 2-3 years

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

Jellyfish: Ages 4-6 years

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin and frog kicks.

Dolphins: Ages 7-9 years

The emphasis at this level will be on timing and swimming strokes.

Sharks: Ages 10 years and up

Advanced strokes are introduced at this level and then developed and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

*Adults: Ages 18 years and up

It's never too late to learn or refresh your swimming skills. Swim Kids offers private and group swimming lessons for adults as well. Please check with the Front Desk for class days and times.

Class Options and Fees

Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

Class Duration 30 minutes
Member Fee \$400
Non-Member Fee \$480

Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

Class Duration 30 minutes
Member Fee \$240
Non-Member Fee \$288

Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

Class Duration 30-40 minutes

Once per week

Member Fee \$80 Non-Member Fee \$96

Twice per week

Member Fee \$140 Non-Member Fee \$168

Necessary Equipment

Bathing suit, bathing cap and goggles.

* Parents & Me and Adult classes begin when minimum registration numbers are met. Please call Swim Kids prior to registering to inquire about next start date and time.

For questions or more information, please call Swim Kids at 305-262-SWIM (7946) or log on to www.swimkidschool.com.

GROUP LESSONS SCHEDULE					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00 p.m.	3:00 p.m.	3:00 p.m.	3:00 p.m.	3:00 p.m.	10:00 a.m.
Turtles	Turtles	Turtles	Turtles	Turtles	Parents & Me
3:30 p.m.	3:30 p.m.	3:30 p.m.	3:30 p.m.	3:30 p.m.	10:30 a.m.
Jellyfish	Jellyfish	Jellyfish	Jellyfish	Jellyfish	Turtles
4:00 p.m.	4:00 p.m.	4:00 p.m.	4:00 p.m.	4:00 p.m.	11:00 a.m.
Dolphins	Dolphins	Dolphins	Dolphins	Dolphins	Jellyfish
4:40 p.m.	4:40 p.m.	4:40 p.m.	4:40 p.m.	4:40 p.m.	11:30 a.m.
Sharks	Sharks	Sharks	Sharks	Sharks	Dolphins
5:20 p.m.	5:20 p.m.	5:20 p.m.	5:20 p.m.	5:20 p.m.	12:00 p.m.
Turtles/Jellyfish	Turtles/Jellyfish	Turtles/Jellyfish	Turtles/Jellyfish	Turtles/Jellyfish	Sharks
	5:50 p.m. Dolphins		5:50 p.m. Dolphins		









Vero Yoga & Co.





EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. All levels are welcome.

Key Biscayne resident Veronica Vidal is the founder of VeroYoga, a powerful blend of physical poses (asanas), breathing techniques (pranayamas), meditation and visualization techniques. "Vero" means true in Italian, VeroYoga means true yoga—traditional ancient yoga for people that live in today's world. VeroYoga's system invigorates, purifies and strengthens the body to move beyond physical and psychological barriers.

Veronica has been practicing yoga since childhood. She is certified as a yoga master by Sri Dharma Mittra from New York City. Her long list of yoga certifications include Ashtanga Yoga I, II and III; Forrest Advanced, Kundalini and Integral Yoga, among others.

Veronica studied in India at the Bihar School of Yoga. For over 25 years she has been under the personal guidance of the well-known yoga master from India, Swami Brahmavidyananda Saraswati. She teaches her method through regular classes, training teachers, as well as in workshops in the United States and abroad. For more information, please visit www.VeroYoga.com.

lember Fee	\$18 per class or

\$130 per ten-class punch pass

\$21 per class or

\$160 per ten-class punch pass

Location Island Room

Instructor Veronica Vidal



Non-Member Fee

Multi-Level I

This sequence synchronizes conscious breathing with a progressive series of slow and deep movements. It stimulates flexibility and strength, oxygenation and health to every muscle, tendon, articulation and organ of the body. These yoga poses improve circulation and rejuvenate every cell. Main emphasis is placed on breath awareness to restore vitality, overall health and to induce a calm state of mind. This class is a great complement for rigorous athletic training. Pregnant women, beginners and students at all levels are welcome in this class.

Days Time	Mondays, Wednesdays & Fridays 8:30-10:00 a.m.
Session	Ongoing beginning January 4 All classes are cancelled December 20-January 3

Multi-Level II-III

Take your yoga to the next level with this intense and invigorating Vinyasa-style of VeroYoga. This unique and physically demanding sequence is aimed to challenge your yoga practice and meet your personal goals. Be prepared to focus on breathing, sweating, stretching and strengthening using this transformative method. You will receive personalized attention to assist you in promoting your total physical and mental well-being. This class is more intense than Multi-Level I, thus better suited for intermediate and advanced students.

Days	Tuesdays & Thursdays
Time	8:30-10:00 a.m.
Days	Sundays
Time	9:30-11:00 a.m.
Session	Ongoing beginning January 4
	All classes are cancelled
	December 20-January 3



Group Exercise & Yoga Classes

YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

Ages 16 years and up

Member Fee \$9 per class

Non-Member Fee \$15 per class

Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

Days Mondays, Wednesdays and Fridays Time 10:00-11:30 a.m.

Instructor Arbey Quiceno

Yoga Core & Stretch

This class uses gentle yoga techniques and stretching to develop the abdominal core and improve flexibility. No previous experience required.

DaysTuesdaysTime9:30-11:00 a.m.InstructorArbey Quiceno

Power Yoga & Stretch

This class is designed to safely build a strong abdominal core through yoga techniques and stretching. Ideal for athletes and those interested in a mentally and physically challenging class. Participants will leave feeling energized and inspired.

Days Mondays and Wednesdays

 Time
 7:00-8:30 p.m.

 Days
 Saturdays

 Time
 9:30-11:00 a.m.

Instructor Kerstin Eskeli

GROUP EXERCISE CLASSES

The Community Center offers a variety of fun and affordable group exercise classes. The following rules and regulations are enforced to ensure the safety and well-being of our members.

- You must be at least 15 years of age to participate in a group exercise class.
- No person under the age of 15 may be in the room while a group exercise class is taking place.
- Bring your valid punch pass along with your ID to class.
- Always provide your name to the attendant when you attend a class.
- Classes may fill up quickly (especially spinning classes) so make sure to arrive early to secure your spot.
- Do not enter a class in progress unless the instructor has indicated you can do so.
- Please wear appropriate clothing and footwear. Opentoed shoes (including flip-flops) are not permitted.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.
- Always bring a sweat towel and water bottle to class.

Class Descriptions

Body Sculpting—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

Spinning—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be!

Latin—Work out Latin style with fun dance moves. An excellent class for all fitness levels and dance skill levels.

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing the step. This class is moderate-to-high intensity with some abdominal work.

Group Exercise Schedule

The most current and up-to-date Group Exercise Schedule can always be found at the Community Center Front Desk or by visiting www.Activelslander.org.

Group Exercise Pass Prices

Single	
Members	\$9
Non-Members	\$15
5 Pack	
Members	\$35
Non-Members	N/A
10 Pack	
Members	\$60
Non-Members	N/A
20 Pack	
Members	\$100
Non-Members	N/A

Packages are not valid for yoga classes or non-members. Passes are non-transferable and non-refundable.





Fitness Programs and Classes









Swimming Endurance

This program is open to all adult swimmers, from beginners to competitive swimmers, who are dedicated to improving their fitness and strength. In an atmosphere that promotes physical fitness, personal challenge, teamwork and social camaraderie, Swimming Endurance serves the needs of swimmers of all ages and at all levels with different workouts provided by a professional coach. For more information, contact Coach Lilly at info@tri4kidz.com or 786-873-1234.

Duyo	mondayo marodayo
Time	8:45-10:00 a.m.
Location	Pool
Sessions	4-week sessions begin January 4 (no class March 21-24)
Instructor	Liliana Montes

Mondays-Thursdays

Member Fee \$150 (4 weeks) Non-Member Fee \$180 (4 weeks)

Triathlon for Adults

Triathlete Sports presents a multi-sport program dedicated to physical health and improved athletic performance. Experienced coaches offer a group training system for athletes preparing for competitive races or those who want to maintain a competitive edge. Participants will receive weekly training sessions in swimming, biking and running. This program is led by Edwin Vargas, former professional triathlete. He trained for 16 years in the Olympic cycle, qualified for IronMan Kona, Team USA 2014 World Championship. Edwin has coached amateur and professional athletes for 15 years. For more information, contact Coach Edwin at 786-873-1563 or CoachEdwinVargas@gmail.com.

Ages	20 years and up
Days	Tuesdays and Thursdays (swim)
Time	6:30-7:45 a.m. or 7:45-8:45 p.m.
Days	Wednesdays (run/bike)
Time	6:45-8:00 p.m.
Days	Saturdays (run/bike)
Time	TBA
Location	Varies
Sessions	4-week sessions begin January 5

Triathlete Sports Instructor

Member Fee \$170 (4 weeks) Non-Member Fee \$204 (4 weeks)

Instructor

HEALTHY AGING FOR OLDER ADULTS

The Key Biscayne Community Center provides programs that promote health and help prevent disease in older adults. We partner with the Active Seniors on the Key (ASK) Club, an initiative of the Key Biscayne Community Foundation, to create physical and social opportunities that improve the quality of life for older adults in our community.

Programs are taught by qualified fitness instructors who specialize in older adults. All Key Biscayne seniors are welcome to participate in these programs (some programs do have minimum age requirements). Advanced registration at the Front Desk is required to participate in all programs. For additional information, please contact Roxy Lohuis-Tejeda, Adult & Senior Programs Coordinator, at 305-365-8953.

FITNESS CENTER ORIENTATION FOR SENIORS

Senior fitness specialist and personal trainer Marilyn Myles will provide those with a Seniors' Membership at the Community Center with an orientation of the Fitness Center equipment and exercises appropriate for older adults. Please inquire at the Front Desk for the monthly schedule.



Senior Fitness Programs and Classes

Improving Balance Through Tai-Chi

Tai Chi is a centuries-old Chinese practice that exercises the mind and body through a series of gentle, flowing postures creating a kind of synchronized dance. All levels are welcome. Advanced registration at the Front Desk is required.

Days Fridays (Island Room) and

Sundays (Village Green)

Time 8:30 a.m.

Session Ongoing

Instructor Marius Robinson

Fee Free

Balance Chair Exercise Group

Older adults are invited to this fun and interactive group that meets to exercise their minds, bodies and spirits. Enjoy a free cup of coffee and stimulating social interaction. Advanced registration at the Front Desk is required.

Days Mondays, Thursdays and Saturdays

Time 10:15-11:15 a.m.
Location Adult Lounge

Session Ongoing

Instructor Marilyn Kreisberg

Fee Free

Enhance Fitness

Are you ready to get energized? Enhance Fitness is a low-cost, evidenced-based exercise program that helps older adults (age 60 and over) at all fitness levels become more active. Tested at over 80 sites nationwide, Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

Days Mondays, Wednesdays and Fridays Time 10:00-11:00 a.m. (Level I)

 Time
 2:00-3:00 p.m. (Level II)

 Time
 5:30-6:30 p.m. (Level II)

 Location
 Community Room

(1st floor, Village Hall)

Session 1 January 4-April 22
Session 2 April 25-August 12
Instructor Marilyn Myles

Fee \$140 (16 weeks)

AFFORDABLE SENIOR FITNESS CLASSES

The Community Center is now providing the following classes at an affordable price with a punch-pass system that entitles participants to take any of these 3 senior fitness classes at their convenience. Passes are non-transferable, non-refundable and may only be used for the 3 classes below.

Ages 55 years and up

Sessions Ongoing

Member Fee \$48 per 8-punch pass
Non-Member Fee \$58 per 8-punch pass

Yoga for 55 & Older

Yoga has been shown to help alleviate or reduce many health challenges. Armed with medical knowledge and the ability to modify poses to accommodate specific health issues, an experienced instructor helps students augment their energy and vitality, enhance range of movement, increase stability and improve respiratory systems. Class is limited to 12 students.

Days Tuesdays and Thursdays

Time 8:15-9:15 a.m.
Location Adult Lounge

Instructor Kerstin Eskeli

Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength. This exercise class is guided by a senior fitness specialist and personal trainer.

Days Tuesdays and Thursdays

Time 10:00-11:00 a.m.

Location Pool

Instructor Marilyn Myles

Boomer Boot Camp

Fitness after 55 just became more fun! Workout with balls, bells, bands and balance training aids in an "old school" format with "new age" results! This exercise class is guided by a senior fitness specialist and personal trainer.

Days Tuesdays and Thursdays
Time 11:15 a.m.-12:15 p.m.

Location Dance Studio

Instructor Marilyn Myles









Name

Sara Sosa

Originally from

How long have you lived on the Key?

1 year

ProfessionTV producer

Hobbies

Walking, reading and painting

Favorite activities at the Community Center

Judi's jewelry class and painting classes

ARTS & CRAFTS

Sculpting Ceramics

You are invited to experience a new way of sculpting through the engagement of your intuition. As the senses come into action and the mind relaxes, creativity will flow with beautiful results. This class puts into practice the techniques and principles of three-dimensional work in terms of volume, proportion, balance and movement. Instructor has over 20 years of experience teaching and creating artistic works. Materials used include clay and acrylic paints. Materials are not included in the class fee.

Days	Wednesdays
Time	11:00 a.m1:00 p.m.
Location	Arts & Crafts Room
Session 1	January 6-27
Session 2	February 3-24
Session 3	March 2-30 (no class March 23)
Session 4	April 6-27
Session 5	May 4-25
Instructor	Aida Seroussi
Member Fee	\$120/session or \$33/class

\$45

\$144/session or \$39/class



Non-Member Fee

Materials Fee

Sewing and Embroidery Workshops

Join Ms. Randy Globus, a former art teacher at the United Nations International School, for this fun and creative workshop series introducing the basics of hand sewing and embroidery. Create your own take-home sewing projects. No experience necessary – beginners welcome! Workshop fee includes materials.

Days Dates	Tuesdays January 5, February 2, March 1 & April 5
Time Location	10:00 a.m. – 1:00 p.m. Arts & Crafts Room
Instructor	Randy Globus
Fee	\$25 (includes materials)

Chinese Brush Painting

Learn Chinese brush painting from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. Chinese brush painting uses minimal strokes to describe the essence of a subject and capture its rhythm and grace. No previous experience is required. A materials list is available at the Front Desk.

Days Time Location	Mondays 10:15 a.m12:15 p.m. Arts & Crafts Room
Session 1	January 25-February 29
Session 2	March 7-April 11
Session 3	April 18-May 23
Instructor	Joyce Olivera
Member Fee	\$70
Non-Member Fee	\$80



Judi's Jewelry Class

Create customized, stylish jewelry ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

DaysTuesdays and ThursdaysTime10:00 a.m.-1:00 p.m.LocationSecond Floor Lobby

Session Ongoing
Instructor Judi Koslen
Fee \$10 per class

FR

Sculpting with Rosa Barck

Don't miss this exciting workshop with renowned sculptor Rosita Barck, known for her sculptures depicting some of the most famous faces in the world. Through step-by-step instruction, you will learn the traditional skills needed to make compelling sculptures. Class is free but there is a materials fee.

DaysFridaysTime12:30-2:30 p.m.LocationArts & Crafts Room

Sessions Ongoing beginning January 8

Instructor Rosa Barck

Free Free Materials Fee TBA





Art Class for Seniors

Learn new techniques in painting, have fun, meet friends and join other Key Biscayne artists in this inspiring and relaxing class sponsored by the Active Seniors on the Key (ASK) Club. Artists will explore different themes in painting and mixed media, while also learning about art history and master artists. The course includes paints, paper and canvas boards. This class is open to all levels from beginners to advanced. Class fee includes all materials, light snacks and refreshments. There is a limit of 15 students per class so please register and pay in advance at the Front Desk to secure your spot.

Davs Thursdays Time 10:00 a.m.-1:00 p.m. Location Arts & Crafts Room January 7-February 4 **Session 1 Session 2** February 18-March 17 Session 3 April 7-May 5 **Session 4** May 12-June 9 Instructor Cristina Figueredo Zizold

Member Fee \$50 Non-Member Fee \$60



COMPUTER CLASSES

Learn everything you need to know about your home computer from an experienced and patient instructor. Additional sessions may be offered if demand exists. Please inquire at the Front Desk. Students must register and pay for entire 4 week course.

Location Computer Lab **Member Fee** \$20 (4 weeks) Instructor Leo Quintana **Non-Member Fee** \$24 (4 weeks)

iPhone/Tablet Class

In this class you will learn everything you need to know about your iPhone and tablet. Explore all the different features, text messaging, basic troubleshooting and learn to use FaceTime.

Days Wednesdays 10:00-11:00 a.m. **Time**

January 20-February 10 **Session**

Staying Connected: Social Media in the 21st Century

Learn the best way to stay connected with family and friends using social media sites like Facebook, Twitter and Instagram.

Days Wednesdays **Time** 10:00-11:00 a.m. **Session** February 17-March 9

BRIDGE CLASSES

Bridge Lessons

From learning the basics to brushing up on your knowledge of the game, these classes have it all! Call Judy Reinach for details at 305-361-9562.

Days Tuesdays Location Adult Lounge Instructor Judy Reinach

Session 1 January 12-February 16 Session 2 February 23-March 29 April 5-May 10

Session 3

Member Fee \$80 **Non-Member Fee** \$96

Intermediate/Supervised Play

Time 5:00-6:00 p.m.

Bridge for Advanced Beginners/ Competitive Bidding

6:00-7:00 p.m. Time

Duplicate Bridge Game

Enjoy an afternoon of Duplicate Bridge every Wednesday. Call Judy Reinach for details 305-361-9562.

Days Wednesdays **Time** 12:30 p.m. Location Adult Lounge

Sessions Ongoing beginning January 6

Judy Reinach Instructor



PERFORMING ARTS

Ballroom Dance

Would you like to learn how to dance salsa, merengue, cha cha, fox trot, swing, rumba and more? Let someone who dances for a living and participates in world class competitions show you the right moves. Never again will you stay on your chair without enjoying the fun and natural art of dancing. Whether you have a partner or not, you are welcome to join us.

DaysMondaysTime8:00-9:00 p.m.LocationDance Studio

Sessions Ongoing beginning January 4

Instructor Eugenia Spotar

Member Fee \$12 Non-Member Fee \$15

Ladies' Andante Vocal Group

This is an ideal group for any lady wishing to take her first steps towards a unique vocal experience. The choir includes vocal technique and works with simple 2- and 3-voice musical arrangements with a varied repertoire such as classical, rock and popular music in different languages, including Latin American folk music. Whenever ready, opportunities abound for performances. Check out our latest live performances at www.andantevg.blogspot. com. No auditions are required. Just be ready to have fun by making music together! For more information, please call Angeles Padilla at 305-342-4162 or Florencia Badino at 786-395-0485.

DaysWednesdaysTime12:00-1:30 p.m.LocationIsland Room

Session 1 January 13-March 2

Session 2 March 9-May 4 (no class March 23)
Session 3 May 11-June 1 (pro-rated)

Instructor Florencia Badino & Angeles Padilla

Member Fee \$160 Non-Member Fee \$192

Tango

Learn the foundations of tango (including opening, walking, frame and basic step) from an internationally renowned dance instructor. In addition to the steps, students will be introduced to the world of tango and learn the customs and atmosphere of milongas (dances). As the classes progress, more advanced steps will be introduced. Each monthly session will conclude with a mini-milonga to allow students to show off what they've learned and practice the Argentine milonga traditions.

Days	Wednesdays
Time	8:00-9:00 p.m.
Location	Dance Studio
Session 1	January 6-27
Session 2	February 3-24

Session 3 March 2-30 (pro-rated)
Session 4 April 6-27

Session 5 May 4-25 Instructor Claudio Ponce

Member Fee \$60 Non-Member Fee \$72









Non-Refundable Trip (NRT)

These trips require the advanced purchase of tickets. Full payment is due at time of registration and cannot be credited or refunded unless a replacement from the waiting list is available. Tickets are transferable.

Evening Trips Drop-Off Service

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

TRIPS AND TOURS

The Community Center Adult and Senior Services Division offers affordable excursions to exciting destinations and events throughout South Florida. In order to properly plan for these outings, full payment must be received by the registration deadline. A full refund will be provided only if the trip is cancelled. Please contact Roxy Lohuis-Tejeda for more information at 305-365-8953.

Miami City Ballet's Program II: In the Upper Room at the Adrienne Arsht Center

Miami City Ballet presents Balanchine & Delibes' charming *La Source*, Peter Martin's stirring dance adaptation of the Barber Violin Concerto and Twyla Tharp's spectacular *In the Upper Room*.

Registration Deadline: Thursday, December 31

 Date
 Friday, January 8

 Time
 6:30 p.m.

 Fee
 \$89 (NRT)

Operation Pedro Pan Exhibit at History Miami & Bayside Marketplace

Imagine leaving your homeland as a child, without your parents, to live in a foreign country. That was the reality for the more than 14,000 unaccompanied Cuban boys and girls Cuba who came to the United States in what became the largest recorded child refugee exodus in the Western Hemisphere, which lasted from 1960-1962. The exhibition tells the story of how these families came to make this lifechanging decision and what became of the children. Exhibit visit will be followed by lunch at Bayside Marketplace.

Registration Deadline: Friday, January 8

 Date
 Friday, January 15

 Time
 9:30 a.m.

 Fee
 \$13

Homestead Day Trip

Taste the tropics and enjoy the simple pleasures of the seasonal bounty as we visit such Redland's staples as Robert Is Here, Knauss Berry Farm and Cauley Square.

Registration Deadline: Friday, January 15

Date Friday, January 22
Time 9:30 a.m.
Fee \$5

Trip to Worth Avenue

The Worth Avenue experience has been treasured for half a century by visitors the world over. Take advantage of this opportunity to shop the more than 250 merchants here, including legendary international boutiques and unique specialty stores found only on the Avenue.

Registration Deadline: Friday, January 22

Date Friday, January 29
Time 9:30 a.m.
Fee \$5

West Side Story at Actors' Playhouse

West Side Story returns to Actors' Playhouse almost 20 years since it won their Regional Theatre's Carbonell Award for "Best Production of a Musical," this time in an all-new exciting 21st century production. Don't miss what is considered by many to be one of the greatest creations in American musical theatre history. Great seats are available. Participants will have the opportunity to have lunch on Miracle Mile prior to the show.

Registration Deadline: Friday, January 22

Date Wednesday, February 3
Time 11:30 a.m.
Fee \$45 (NRT)

Miami City Ballet's Program III: Year of the Rabbit at the Adrienne Arsht Center

Join the Miami City Ballet in a very special performance of Justin Peck's acclaimed *Year of the Rabbit*, Paul Taylor's profoundly eloquent and deeply affecting masterpiece *Sunset*, and one of George Balanchine's most charming works, the exuberant *Bourrée Fantasque*.

Registration Deadline: Friday, January 29

 Date
 Friday, February 12

 Time
 6:30 p.m.

 Fee
 \$89 (NRT)

John Pennekamp Glass Bottom Boat Tour & Lunch

Welcome aboard the Spirit of Pennekamp. Enjoy a unique glimpse into the serene undersea world of the Florida Keys National Marine Sanctuary in style and comfort. The itinerary includes a number of shallow reefs teeming with wildlife. Lunch will follow at The Key Largo Conch House (not included in the price).

Registration Deadline: Friday, February 12

Date Friday, February 19
Time 10:00 a.m.
Fee TBA (NRT)

Day at the Palm Beach Outlets

Spend the day at Palm Beach Outlets, Palm Beach County's first outlet center, featuring over 100 stores including brand favorites Saks Fifth Avenue OFF 5TH, Banana Republic Factory Store, Kenneth Cole, Nike and White Housel Black Market.

Registration Deadline: Friday, February 19

DateFriday, February 26Time9:30 a.m.

Fee TBA

Flamenco Festival's *Farruquito* at the Adrienne Arsht Center

Don't miss an incredible performance by "One of the great flamenco dancers of this century... nothing less than sensational" (*The New York Times*). Part of Flamenco Festival Miami 2016, Farruquito presents *Improvisao*, a work of intimate, authentic and visceral flamenco. It's a show that transports the audience to a traditional and magical universe, which Farruquito calls "a return to my roots."

Registration Deadline: Friday, February 19

 Date
 Thursday, March 3

 Time
 6:30 p.m.

 Fee
 TBA (NRT)

Kinky Boots at the Broward Center

Don't miss *Kinky Boots*, Broadway's huge-hearted, high-heeled hit! This joyous musical celebration is about the friendships we discover, and the belief that you can change the world when you change your mind. Inspired by true events. Great upper orchestra seats available.

Registration Deadline: Friday, February 26

Date Wednesday, March 9
Time 5:45 p.m.

Fee \$66 (NRT)



Name Sam Miller

Originally from Miami

How long have you lived on the Key?
5 months

*Profession*Money manager

Hobbies

Playing basketball

playing basketball

Favorite activities at the Community Center

Working out at the gym and

SENIOR TRANSPORTATION PROGRAM

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.





Name Valentina Zalles

Originally from Venezuela

How long have you lived on the Key?
4 years

Profession

Lawyer Hobbies

Reading and taking history and language classes

Favortie activities at the Community Center Swimming and spinning

Day at the PAMM

Spend the day at the Perez Art Museum Miami. Tour its many galleries and exhibitions, explore Museum Park, a waterfront oasis on the banks of Biscayne Bay, and savor Verde's creative locally inspired cuisine, featuring dishes prepared with the freshest seasonal ingredients.

Registration Deadline: Friday, March 11

Date Friday, March 18 Time 9:45 a.m.

Fee \$17

New World Symphony WALLCAST Concert & Dinner on Lincoln Road

New World Symphony WALLCAST™ concerts, presented by Citi®, allow you to experience select concerts throughout the season at Miami Beach SoundScape through a striking use of visual and audio technology on the soaring, 7,000-square-foot projection wall of the New World Center. Enjoy an early dinner on Lincoln Road or bring a blanket and share a picnic dinner with friends and neighbors!

Registration Deadline: Friday, March 25

Date Friday, April 1
Time 5:00 p.m.

Festival Flea Market on Sample Road

Join us as we head out to this one-of-a-kind, multimerchant marketplace filled with a diverse selection of merchandise ranging from the ordinary to the extraordinary... and all in air-conditioned comfort.

Registration Deadline: Friday, April 1

 Date
 Friday, April 8

 Time
 9:30 a.m.

 Fee
 \$5

Dirty Dancing at the Broward Center

Dirty Dancing – The Classic Story Onstage is an unprecedented live experience, exploding with heart-pounding music, passionate romance and sensational dancing. Seen by millions across the globe, don't miss the show London's Sunday Express hails as a "crowd-pleasing stage adaptation (that) hits the jackpot!" You'll have the time of your life!

Registration Deadline: Friday, March 25

 Date
 Thursday, April 14

 Time
 5:45 p.m.

 Fee
 \$66 (NRT)

Dinner Cruise and Show Aboard the Jungle Queen

Join us for a fully narrated cruise down Fort Lauderdale's historic New River, past the homes of the rich and famous, to our own tropical isle where you will feast on an all-you-can eat rib, chicken and shrimp dinner with all the fixings. Then you will be treated to a laugh-out-loud variety show. After the show you will board the ship for a beautiful and serene ride back down the New River.

Registration Deadline: Friday, April 22

Date Wednesday, May 4
Time 3:30 p.m.
Fee \$50

Paradise Found: Cuban Allure, American Seduction Exhibit at the Wolfsonian Museum

Paradise Found looks at what President William McKinley described as the close "ties of singular intimacy" that once existed between the United States and Cuba. The exhibition revisits this now-distant relationship that left lasting traces in each country, from baseball and American-made cars to rumba and rum. The visit to the museum will be followed by lunch on Lincoln Road (not included in fee).

Registration Deadline: Friday, May 13

 Date
 Friday, May 20

 Time
 10:00 a.m.

 Fee
 \$10

50+ Corner - Adult and Senior Programs

ONGOING PROGRAMS

Health Seminars

The importance of knowledge and understanding of one's own health is vitally important. Following the seminar, a light lunch will be served in order to give residents time to reflect and discuss the topic.

Dates Thursdays: January 7, February 4,

March 3, April 7 & May 5

Time 11:30 a.m.
Location Adult Lounge

Fee Free

Caring for the Caregiver Support Group

Are you caring for an ill relative or friend? This group will provide a supportive and confidential environment for caregivers in our community to build relationships, share information and resources and learn to cope with the challenges of being a caregiver. Please contact the Front Desk for a schedule of upcoming dates.

Dates Fridays: TBA
Location Adult Lounge
Time 11:00 a.m.

Facilitator Dora Posada, LCSW

Free Free

Men's Support Group

An ongoing, safe and confidential group for men to discuss challenges and gain feedback and support from each other. Topics of discussion will include: building a new circle of friends; personal growth; stress and anxiety management; self-esteem; and relationships with family, friends and significant others.

Dates Wednesdays: January 6 & 20,

February 3 & 17; March 2, 16 & 30;

April 13 & 27; May 11 & 25

Location Adult Lounge
Time 7:30 p.m.
Facilitator Arthur Ackerman

Fee Free

A.S.K. Book Club

Attention all book lovers! Join your friends and neighbors for a literary afternoon at the Active Seniors on the Key (A.S.K.) Book Club featuring good books, good discussions and good people. Please bring your own lunch. Coffee will be served.

Dates Mondays: January 11, February 8, March 7, April 4 & May 2

Location Second Floor Lobby
Time 12:30 p.m.
Facilitator Katherine Vale

Fee Free

Key Biscayne Domino Club

Join your friends and neighbors for a friendly game of dominos... *y una tacita de café*.

Days Mondays & Fridays
Time 2:00-6:00 p.m.
Days Wednesdays
Time 3:30-6:00 p.m.
Location Adult Lounge

Fee Free

Mahjong, Card Games and More

Interested in learning and/or playing Mahjong? Or perhaps engaging in a friendly game of Rummikub? Groups are forming on an ongoing basis. Call Roxy Lohuis-Tejeda at 305-365-8953 for additional information. Complimentary refreshments will be provided.

DaysTuesdaysTime1:00-4:00 p.m.LocationAdult Lounge

Fee Free





Name

Stanford Taylor

*Originally from*Vermont

How long have you lived on the Key?

42 years

Profession

Inventor of web-based reading program

Hobbies

Walking and reading

Favorite activities at the Community Center Taking painting classes

50+ Corner - Adult and Senior Programs



Name Joan Gluck

Originally from Philadelphia

How long have you lived on the Key?

3 years

*Profession*Retired physician

Hobbies

Sailing, biking and going to concerts and plays

Favorite activities at the Community Center

Painting, spinning, yoga, attending luncheons and author events

Q&A with Social Security

A bilingual representative from the Social Security Administration will be available to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month (excluding holidays). No appointment is necessary.

Dates
Wednesdays: January 27,
February 24, March 30,
April 27 & May 25
Time
9:30 a.m.-12:00 noon
Location
Second Floor

Medicare Counseling by SHINE

Free

Medicare advice is now available to Key Biscayne residents thanks to the Alliance for Aging's SHINE program. Every month A.S.K. Club volunteers trained by the SHINE program will provide free, unbiased and confidential health insurance counseling to empower residents to make informed healthcare choices. For appointments, please call Denise Agudelo at 305-670-6500 x11211.

Dates Thursdays: January 21, February 18, March 17 April 21 & May 19

Location Computer Lab
Time 10:00 a.m.-12:00 noon

Fee Free

Fee

A.S.K. Club Pickleball

This fun paddle sport, which combines many elements of tennis, badminton and ping pong, was created for all ages and skill levels with simple rules making it easy for beginners to learn and fast-paced enough for experienced players. Registration at the Front Desk is required.

Dates Ongoing

Days Tuesdays, Wednesdays and Thursdays

Time 10:00 a.m.-12:00 noon

Location Gymnasium

Fee Free





Movie Lovers' Cinema

Join us for a free viewing of recently released films every Thursday of the month. The films to be shown have been selected by local residents for the viewing pleasure of all Islanders. To submit movie suggestions for upcoming months, please contact 305-365-8953.

Thursday Matinees at 1:30 p.m. & 4:30 p.m.

Dates

January 7, 14, 21, 28

February 4, 11, 18, 25

March 3, 10, 17, 24, 31

April 7, 14, 21, 28

May 5, 12, 19 & 26

Location

Adult Lounge

Fee Free

Film Club

Movie fans are invited to a free, weekly Film Club where participants will use specially designed materials to critique the fine art of producing, directing, and acting in films. Discussions will focus on award-winning and nominated films.

DaysTuesdaysDatesTBATime1:30 p.m.LocationIsland Room

Fee Free

50+ Corner - Adult and Senior Programs

SPECIAL EVENTS

AARP Driver Safety Program

Take the 6-hour classroom refresher course especially designed for drivers age 55 and over and qualify for auto insurance discounts.

DateFriday, March 11Time9:00 a.m.-3:00 p.m.LocationIsland Room

Fee \$15 for AARP Members

\$20 for AARP Non-Members

Key Biscayne Domino Club Winter Tournament

Join us at the Key Biscayne Community Center for lunch and an afternoon of friendly competition. Pre-registration is required by calling 305-365-8953.

Date TBA

Time 12:00-3:00 pm Location Adult Lounge

Fee Free



A.S.K. Club Lunch

The Active Seniors on the Key (A.S.K.) Club invites all Islanders to a monthly luncheon featuring guest speakers and fun activities with your friends and neighbors. This event is generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days Thursdays

Dates January 14, February 11,

March 10, April 14 & May 12

Location Island Room Time 12:00 Noon

Fee \$5

Lunch with an Author

Join us for lunch with a different author as they discuss their latest works and sign copies of their books. This event is generously sponsored by the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days Thursdays

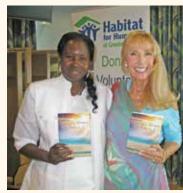
Dates January 21, February 18,

March 17, April 21 & May 19

Location Island Room Time 12:00 noon

Fee Free







FLORIDA LICENSING ON WHEELS BY APPOINTMENT ONLY!

A team of driver's license representatives will be on hand to renew or issue replacements or duplicates of your driver's license and vehicle registration, issue new or replacement identification cards, complete out-of-state driver's license transfers and provide handicap decals. Call 305-365-8953 for appointments and information on needed documentation. *Note: Renewals of driver's licenses can be completed up to 18 months in advance of the expiration date.*

Days Tuesdays

Dates January 12, February 9, March 8, April 12

& May 10

Time By Appointment Only Location Adult Lounge



Special Events/Important Dates

COMMUNITY CENTER HOLIDAY HOURS & CLOSURES

Christmas Eve

Date Thursday, December 24
Hours 6:00 a.m.-4:00 p.m.

Christmas Day

Date Friday, December 25

Hours CLOSED

New Year's Eve

Date Thursday, December 31 Hours 6:00 a.m.-4:00 p.m.

New Year's Day

Date Friday, January 1
Hours CLOSED

Dr. Martin Luther King, Jr. Holiday

Date Monday, January 18 Hours 8:00 a.m.-8:00 p.m.

Presidents' Day Holiday

Date Monday, February 15 Hours 8:00 a.m.-8:00 p.m.

Memorial Day Holiday

Date Monday, May 30 Hours 8:00 a.m.-8:00 p.m.

ANNUAL HEALTH& SERVICES FAIR

Our Annual Health Fair is back! Join us for a day of screenings, informative presentations, useful information, speaker luncheon, givea-ways and much more! Register in advance at the Front Desk to secure your spot for the free luncheon. Contact Roxy Lohuis-Tejeda at 305-365-8953.

DateWednesday, Jan. 27Time10:00 a.m.-1:00 p.m.Location2nd Floor Lobby



Winterfest

DateSunday, December 6Time4:00-7:30 p.m.LocationVillage Green

Movies on the Green

Date Friday, December 11
Time 7:00 p.m.
Location Village Green

Winterfest Boat Parade

DateSaturday, December 12Time6:00-8:30 p.m.Location"No Name Harbor" in

Bill Baggs Cape Florida

State Park

Movies on the Green

Date Friday, January 22
Time 7:00 p.m.
Location Village Green

Movies on the Green

Date Friday, February 19
Time 7:00 p.m.
Location Village Green

26th Annual Easter Egg Hunt

DateSaturday, March 19Time9:30 a.m. (sharp)LocationVillage Green

VILLAGE OF KEY BISCAYNE COMMUNITY CENTER

ACTIVE



Village of Key Biscayne
Parks and Recreation Department
10 Village Green Way

Key Biscayne, Florida 33149 Telephone: 305-365-8900

Visit us often for updates and new information at www.ActiveIslander.org





